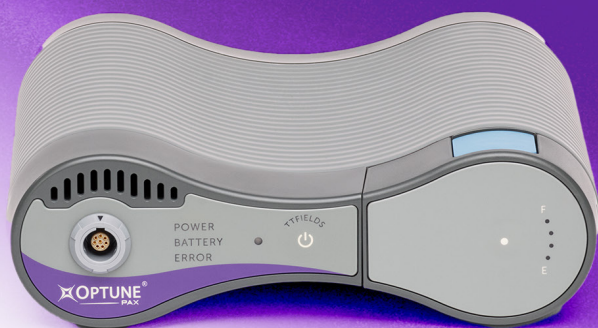




For adults with locally advanced
pancreatic cancer (LAPC)*

Guidebook



Please see full Important Safety Information on pages 22-23 and the full [Patient Information and Operation Manual \(PIOM\)](#) for Optune Pax at [OptunePax.com](https://www.OptunePax.com).

*Used together with gemcitabine and nab-paclitaxel.

MyNovocure[®] is ready to help you anytime you need us, 24/7



Call: 1-855-281-9301

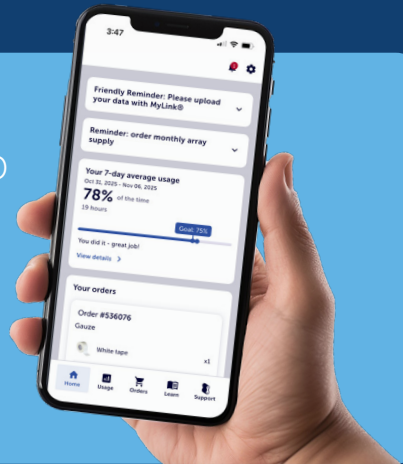


Email: support@mynovocure.com

Scan to download the MyNovocure app

Here's what it can do for you:

- ✓ Provide tips and resources
- ✓ Order supplies
- ✓ Track usage



For illustrative purposes.



Download on
Google Play









Download on
App store

App Store is a service mark of Apple Inc., registered in the US and other countries. Google Play and the Google Play logo are trademarks of Google LLC.

Welcome to Optune Pax[®]

This guide will help you learn more about your Optune Pax device and how to successfully integrate it into your life.

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Overview

Get to know the Optune Pax® Treatment Kit.



Optune Pax device

A wearable therapeutic device that delivers Tumor Treating Fields (TTFields) to pancreatic cancer cells



Batteries and charger

Each rechargeable battery can power Optune Pax for about an hour



Connection cable

The coiled, stretchy cord that runs from the connection box to the device



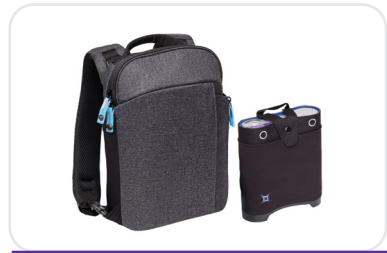
Wall power supply

Plugs into a standard electrical outlet to power Optune Pax instead of the batteries



Transducer arrays

Adhesive patches placed on the skin that deliver TTFields to the abdomen



Carrying bags

Specially designed to enable airflow and prevent device overheating when carrying Optune Pax. Do not use other bags to carry Optune Pax

Ways to power Optune Pax®

1

OR

2



Battery

- Portable
- Lasts for about 1 hour



Wall power supply

- Stationary
- Use while sleeping and sitting

Connections



Connect arrays to your device via the connection cable.

START therapy

Remember: You are only getting treatment if the TTFields button is on with the blue light.



Switch ON



Wait approximately
10 seconds



Press TTFields
button

STOP therapy



Press TTFields
button



Switch OFF

Scan or click the code for more detailed information on the Optune Pax components, or call MyNovocure® 24/7 at 1-855-281-9301.



A woman with short, light-colored hair is shown in profile, smiling as she waters plants in a garden. She is wearing a blue denim shirt over a white top and purple pants. She has a black backpack and is holding a green watering can. The background is a lush garden with various plants and a green metal bench.

Daily life

Learn how to keep up with your daily routine using Optune Pax®.

Bathing

There are 2 ways to clean your abdomen:



If you'd like to keep your arrays on, you can take a sponge bath with a washcloth and mild, fragrance-free, nonalcohol-based soap, with the device off and arrays unplugged from the connection cable box. Cover the unplugged arrays and wires still attached to you by placing a towel around your abdomen to prevent the arrays from getting wet.



If you'd prefer to remove the arrays, unplug the arrays and take a full shower as normal.



Be sure to leave the Optune Pax device outside the bathroom regardless of which option you choose.

Sleeping



You should use Optune Pax for at least 12 hours per day. Wearing it while you sleep can help you reach this goal.



Adjusting to sleeping with Optune Pax is different for everyone. Some people can adjust rather quickly while others may need some time. Call MyNovocure® if you would like to speak to someone for resources or tips.



The device can be plugged into the wall while you sleep.

Scan or click the code for more information or call MyNovocure 24/7 at 1-855-281-9301.



On the go

Protect your arrays and device from direct sun and rain.

Bring extra charged batteries for activities that are longer than 1 hour.

Consider breathable or lightweight clothing to avoid sweating.

Ways to wear Optune Pax[®]



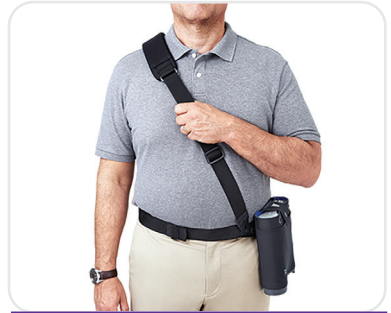
Backpack



Hip bag



Shoulder bag



Shoulder and hip bag

Travel tips



Actor portrayal.

MyNovocure[®] can support you before and during your travel

To make the security process easier, you can call MyNovocure to have a TSA letter sent to you by mail or email. You can also get this letter in the MyNovocure app.

Plan for additional time at the airport. If needed, you can request special assistance from your airline to help you get to your gate.


Inform TSA that you are wearing a medical device that contains metal, as it will set off airport screening devices. You can call the TSA Cares helpline at 1-855-787-2227 ahead of airline travel for assistance.



The Optune Pax Treatment Kit contains rechargeable lithium batteries. While flying, lithium batteries must be carried on, not checked, per federal regulations.

Scan or click the code for more information or call MyNovocure 24/7 at 1-855-281-9301.





Actor portrayal.

Skin care and array changes

Helpful tips for changing arrays and taking care of your skin.

Caring for your skin



Good hygiene

Wash your hands before application and removal of arrays. Clean your skin with lukewarm water and mild, fragrance-free soap or body wash. Avoid alcohol-based soaps/body washes.



Clean, electric shaver

Remove hair from the abdomen using a clean, electric shaver. Do not use razor blades, as the blades may damage the skin and lead to skin irritation. You can repeat hair removal from the abdomen, as needed, when you replace the arrays. It can be a short trim and does not have to be a close shave. Call MyNovocure® at 1-855-281-9301 if you need an electric shaver and we will provide you with one.



Skin barrier film

If you are using a skin barrier film, it must be removed and reapplied when replacing the transducer arrays.



Shift arrays

Shift array placement by ~2 cm (3/4 inch) at each array change to avoid placing them in the same spot. Move arrays back to the original position at subsequent changes.



Ventilation

Choose loose-fitting clothing when possible to allow air circulation around the arrays and to help minimize skin irritation or increasing array temperature.



Good contact

Use tape as needed. Change arrays two times per week (every 3-4 days) or when arrays loosen.



If you develop redness or irritation, take a picture and contact your doctor right away.

Scan or click the code for more information or call MyNovocure 24/7 at 1-855-281-9301.



Array change routine

Remember to change your arrays two times per week (every 3-4 days). Having a proper array change routine plays an important role in preventing skin irritation.



Remove arrays gently with baby oil or lukewarm water and examine skin for signs of damage.



Wash your skin with lukewarm water, a washcloth, and mild, fragrance-free, nonalcohol-based soap. You can take a full shower if you prefer.



Remove hair from the abdomen using a clean, electric shaver. Do not use razor blades, as the blades may damage the skin and lead to skin irritation. You can repeat hair removal from the abdomen, as needed, when you replace the arrays. It can be a short trim and does not have to be a close shave.



Apply topical skin products prescribed or recommended by your doctor (eg, moisturizing lotion, skin barrier film, corticosteroid, antibiotic cream; NOT alcohol- or petroleum-based products) and leave it on the skin for at least 20 minutes (or per the manufacturer's instructions).



Clean again. Remove excess residues before applying the arrays.



Place new arrays. Shift the array placement slightly ~2 cm (3/4 inch) at each array change to avoid skin irritation. Move arrays back to the original position at subsequent changes. Avoid placing the arrays over surgical hardware (eg, screws or shunts), scars, or open wounds.

Ordering and disposal of arrays



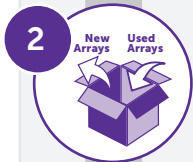
Returning

Do not throw used arrays in the trash. Place in the resealable bag to ship back to Novocure®. Do not include any trash or other items in the used transducer array bag.



Ordering

Order new arrays on the MyNovocure® app or call MyNovocure at 1-855-281-9301 when you have 6 arrays of each color, or 12 arrays remaining.



Delivery

Pack the same box your arrays came in with only your used arrays and seal the box with the shipping tape provided. Peel off the blue outlined shipping label to uncover the return label underneath.



Disposal*

Contact UPS at 1-800-823-7459 to schedule a free pickup or find a drop-off location near you at MyUPS.com.

*Used arrays should be sent in the return box provided, separately from any other equipment.



Troubleshooting

Don't worry—alarms may occur.
Learn about common alarm causes.


Identify the alarm

Alarm type	If you hear and see
Therapy off reminder	<ul style="list-style-type: none"> • 3 moderately paced beeps in 1 second • Blue TTFields light and error light are flashing
Low battery	<ul style="list-style-type: none"> • 3 quick beeps in less than 1 second • Battery light is yellow
Missing connection	<ul style="list-style-type: none"> • 3 moderately paced beeps in 1 second • Error light is blinking slowly
Array-related alarm	<ul style="list-style-type: none"> • 3-2 beeps in a repeating pattern • Error light is blinking rapidly

Troubleshooting steps

- 1


Silence alarm




Press the TTFields button.
- ↓

2

Check equipment




Are your connections secure?



Are your arrays secure and cool?
- ↓

3

Resume therapy



Press the TTFields button.

For more Optune Pax® troubleshooting assistance, complete a MyLink® upload and call MyNovocure® at 1-855-281-9301.



MyLink[®]

Upload your Optune Pax[®] data with MyLink every month, or when you need technical assistance.



1

Plug MyLink into the wall, then turn MyLink on with the switch in the back. The top light will blink, then turn solid green.



2

Start with your Optune Pax device off. Connect the gray MyLink cable to the top of your device.



3

Turn on your Optune Pax device to start the download step. The middle light will blink while downloading.



4

Once the download is complete, the middle light will turn solid green and MyLink will beep. Unplug the gray MyLink cable from your device.



5

When the bottom light is blinking, it means data is uploading to the Novocure® system. This can take up to 15 minutes. Once all 3 lights are solid green, the upload is successful. You can turn off MyLink.

For more detailed information, refer to the MyLink User Guide or call MyNovocure® at 1-855-281-9301.

FAQs

1 **Can I talk on my cell phone or use a microwave oven while using Optune Pax®?**

Yes. Optune Pax has been tested and shown to not interfere with other electronic devices according to national and international standards. Novocure® is not aware of any limitations with the use of microwaves, cell phones, or any other devices while on treatment.

2 **Can Optune Pax be charged with a car charger?**

No. Using a car adapter is not recommended. Please only use the items that were provided to you by Novocure.

3 **Can I travel by air while using Optune Pax?**

Traveling with Optune Pax is possible. Talk to your doctor and call MyNovocure® in advance to prepare. Allow additional time at the airport. If needed, you can request special assistance from your airline to help you get to your gate. You can also call the TSA Cares helpline at 1-855-787-2227 ahead of airline travel for assistance. The Optune Pax Treatment Kit contains rechargeable lithium batteries. While you fly, lithium batteries must be carried on, not checked, per federal regulations.

4 **What if my device gets wet?**

Remember, don't use your device near water or outside in the rain. If your device gets wet, press the TTFields button to stop therapy and turn the power off. Call technical support at 1-855-281-9301 for further instructions.

5 Do I need to remove the arrays for an X-ray, CT scan, or MRI?

Please speak with your healthcare provider before undergoing an MRI, CT scan, or X-ray to determine whether your arrays need to be removed. If your healthcare provider confirms that it is acceptable to keep the arrays on during the procedure, you should disconnect the arrays from the connection cable box and leave your device outside of the procedure room.

6 Can I use Optune Pax outdoors?

Yes, Optune Pax can be used outdoors. Talk to your doctor about appropriate outdoor activities. Relax in a shaded area or under an umbrella to protect the arrays and your device from direct sun and rain. Bring extra charged batteries for activities that are longer than 1 hour. You can wear loose-fitting clothes as normal over the arrays.

7 Can I receive Medicare home health services while using Optune Pax?

Some patients may qualify for Medicare-covered home health services, which can offer support with skilled nursing care, therapy services, or other in-home assistance. Eligibility is based on your medical needs and whether you meet Medicare’s “homebound” criteria, not on using Optune Pax alone. We encourage you to speak with your doctor or care team to find out if you qualify and how to access these services. Please note that our team cannot determine eligibility, coordinate home health services, or provide home health care.

Scan or click the code for more information or call MyNovocure 24/7 at 1-855-281-9301.



Indication and Important Safety Information

What is Optune Pax® approved to treat?

Optune Pax is an FDA-approved, wearable therapeutic device, used together with gemcitabine and nab-paclitaxel (a chemotherapy combination). It is indicated for the treatment of adult patients with locally advanced pancreatic cancer.

Who should not use Optune Pax?

Optune Pax for locally advanced pancreatic cancer is not for everyone. Talk to your doctor if you have:

- **An electrical implant.** Use of Optune Pax together with electrical implants has not been tested and may cause the implanted device not to work properly
- **A known sensitivity to gels** like the gel used on electrocardiogram (ECG) stickers or transcutaneous electrical nerve stimulation (TENS) electrodes. In this case, skin contact with the gel used with Optune Pax may commonly cause increased redness and itching. In rare cases, it may lead to severe allergic reactions that can cause a drop in blood pressure and difficulty breathing

Do not use Optune Pax if you are pregnant or are planning to become pregnant. If you are a woman who is able to get pregnant, you must use birth control when using the device. It is not known if Optune Pax is safe or effective during pregnancy.

What should I know before using Optune Pax?

Optune Pax should only be used after receiving training from qualified personnel, such as your doctor, a nurse, or other medical staff who have completed a training course given by Novocure®, the maker of Optune Pax.

- Do not use any parts that did not come with the Optune Pax Treatment Kit sent to you by Novocure or given to you by your doctor

- Do not get the device or transducer arrays wet
- Please be aware that Optune Pax has a cord that plugs into an electrical socket. Be careful of tripping when it's connected
- If you have an underlying skin condition where the transducer arrays are placed, discuss with your doctor whether this may prevent or temporarily interfere with Optune Pax treatment

What are the possible side effects of Optune Pax?

The most common side effects of Optune Pax used together with chemotherapy drugs were low neutrophils, low red blood cell count, low platelet count, low white blood cell count, diarrhea, nausea, vomiting, abdominal pain, constipation, fatigue, swelling, fever, pain, COVID-19, infection, respiratory tract infection, urinary tract infection, pneumonia, liver enzyme increased, weight loss, low potassium level, low albumin level, high blood sugar, muscle pain, neuropathy peripheral (damage to the nerves outside the brain and spinal cord), taste disorder, dizziness, difficulty sleeping, shortness of breath, hair loss, skin-related disorders, and low blood pressure.

Device-related skin adverse effects associated with the use of Optune Pax include skin inflammation, rash, itching, flat or raised spots, skin redness, skin irritation, skin reaction, and open sores. Other device-related adverse effects associated with the use of Optune Pax include overheating of the array, leading to pain and/or local skin burns, allergic reaction to the adhesive or gel from the transducer arrays, and local warmth and tingling sensation beneath the arrays. Talk to your doctor if you have any of these side effects or have any questions.

Please see the full [Patient Information and Operation Manual \(PIOM\)](#) for Optune Pax at [OptunePax.com](https://www.optunepax.com).

MyNovocure®

Your full-service support partner to help you get the most from Optune® treatment

Our Care Center is available 24/7 via phone to answer your questions and provide technical support.

Translation services for training and the 24/7 Care Center are available in more than 200 languages, including Spanish.



Call: 1-855-281-9301



Email: support@mynovocure.com



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