

FOR ADULTS WITH METASTATIC NON-SMALL CELL LUNG CANCER*

CARING FOR YOUR SKIN WITH OPTUNE LUA®

Learn how to apply arrays, manage skin irritation, and more

*who have progressed on or after platinum-based chemotherapy and when used together with PD-1/PD-L1 inhibitors or docetaxel

 **OPTUNE**
LUA®

I POWER MY LIFE

Indication and Selected Important Safety Information

What is Optune Lua approved to treat?

Optune Lua is a wearable, portable, FDA-approved device used together with PD-1/PD-L1 inhibitors (immunotherapy) or docetaxel. It is indicated for adult patients with metastatic non-small cell lung cancer (mNSCLC) who have progressed on or after a platinum-based regimen.

Who should not use Optune Lua?

Optune Lua for mNSCLC is not for everyone. Talk to your doctor if you have:

- **An electrical implant.** Use of Optune Lua together with electrical implants has not been tested and may cause the implanted device not to work properly

Please see full Important Safety Information on [page 10](#) and the Optune Lua Patient Information and Operation Manual (PIOM) at [OptuneLua.com](#).

Actor Portrayal



Most people who experienced skin irritation were able to stay on Optune Lua®.

Taking care of your skin

Mild or moderate skin irritation is the most common side effect of Optune Lua. This brochure can help you stay on top of it, so you know what to do if it happens.

Keep in mind:

Most people were able to treat their skin irritation with a prescription medication applied to the skin provided by their doctor and by adjusting the placement of their arrays.

What's inside?

Here you'll find helpful information about how to care for your skin while using Optune Lua, such as:

How to recognize skin irritation	Page 3
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How to shift arrays	Page 7
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Selected Important Safety Information

Who should not use Optune Lua? (continued)

- **A known sensitivity to gels** like the gel used on electrocardiogram (ECG) stickers or transcutaneous electrical nerve stimulation (TENS) electrodes. In this case, skin contact with the gel used with Optune Lua may commonly cause increased redness and itching, and rarely may even lead to severe allergies such as a fall in blood pressure and difficulty breathing

Do not use Optune Lua if you are pregnant or are planning to become pregnant. It is not known if Optune Lua is safe or effective during pregnancy.

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How to recognize skin irritation

When using Optune Lua®, it's important to look out for signs of skin irritation. These may look like a red rash, small sores, or blisters on your chest or back. Identifying it early can help you avoid any interruptions in your treatment. If you do experience any irritation, avoid placing the arrays in that area so you don't cause any further irritation.



Take a picture of your skin irritation

This is the best way to quickly share your symptoms with your doctor, but this shouldn't replace an in-person doctor visit. Whether it's swelling, redness, or another skin-related symptom, they may be able to prescribe creams or solutions to help manage your symptoms.

The arrays may leave temporary red indents on your skin. If they don't go away, contact your doctor.

Common types of skin irritation

Irritated skin can show up in many ways. See below for images of common skin conditions you should keep an eye out for and talk to your doctor if you experience any of them.



Itching

This often includes dry and flaky skin.



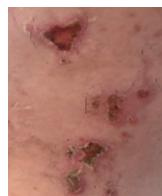
Excessive sweating

You may notice this regardless of heat conditions or physical activity.



Rashes

You might notice some redness, become itchy, or feel scaly skin.



Ulcers

These may start as subtle, shallow lesions and can be hard to identify.



Infections

This can result in pus, itching, or burning.

Images shown are for illustrative purposes. The severity and look of skin irritation may vary from person to person. If irritated skin is bothering you, don't wait for it to get worse. Talk to your doctor early and often about any signs of skin irritation.

Selected Important Safety Information

What should I know before using Optune Lua?

Optune Lua should only be used after receiving training from qualified personnel, such as your doctor, a nurse, or other medical staff who have completed a training course given by Novocure®, the maker of Optune Lua.

- Do not use any parts that did not come with Optune Lua Treatment Kit sent to you by Novocure or given to you by your doctor

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How to apply and change the arrays

Make sure your care partner is available to help you, since it may be hard to place the arrays on your own. Follow the steps below:

-  **1** **Wash your skin** with warm water, a washcloth, and hypoallergenic soap. You can take a full shower if you prefer. Gently pat your skin dry with an absorbent towel to remove moisture or residue.
-  **2** **Remove existing hair** (if needed or at least every 7-10 days). You can use an electric shaver for a short trim. It does not need to be a close shave.
-  **3** **Let your skin breathe** for up to a few hours (optional) and use a fragrance-free, water-based moisturizer. This can help reduce skin irritation.
-  **4** **Clean again.** Remove any residue from the moisturizer before array placement. Apply any prescribed medications (if applicable) and let absorb for at least 15-20 minutes. Clean away any residue by gently cleaning the skin with water using a gauze pad or cloth. Avoid rubbing to minimize skin abrasion or damage.
-  **5** **Apply any skin barrier** recommended by your doctor.
-  **6** Make sure you have 4 total arrays, 2 with black connectors and 2 with white connectors. Remove the array liner from the first array. You may use the Array Applicator to help. Reach out to your Device Support Specialist if you have any questions.
-  **7** **Place the arrays, one at a time.** Make sure to press the edges firmly onto your skin. When changing the arrays, place them 2 centimeters (0.75 inch) from the original position. Refer to the array layout map for placement instructions and see [page 9](#) for tips and best practices.
-  **8** Plug the array connectors into the connection box. Make sure the arrows on the connectors face the silver post. Line up the black and white arrays according to the color on the box. Then, plug the connection cable into the Optune Lua® device and start treatment.
-  **9** **Wear your clothes as normal** over the arrays. It is recommended to wear the arrays for at least 12 hours per day on average for the best response.

Selected Important Safety Information

What should I know before using Optune Lua? (continued)

- Do not get the device or transducer arrays wet
- Please be aware that Optune Lua has a cord that plugs into an electrical socket. Be careful of tripping when it's connected

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Helping to minimize the risk of skin irritation

Keeping your skin healthy may be the best way to help prevent skin irritation



Keep skin clean and dry



To help prevent skin irritation, ask your doctor about a barrier between the arrays and your skin



Moisturize regularly to keep your skin hydrated



Remove existing hair. You can use an electric shaver for a short trim. It does not need to be a close shave



Use only water when routinely cleaning your skin

As you change your arrays, keep these tips in mind:

- To help reduce your risk of skin damage or irritation, use care when changing arrays. Be sure not to pull or forcefully rub your skin
- Make sure you're changing the arrays at least twice per week (every 4 days at most)
- **Examine your skin at each array change to check for changes or signs of irritation. If you see something, report it to your doctor as soon as possible**

Selected Important Safety Information

What should I know before using Optune Lua®? (continued)

- If you have an underlying serious skin condition where the transducer arrays are placed, discuss with your doctor whether this may prevent or temporarily interfere with Optune Lua treatment

Please see full Important Safety Information on [page 10](#) and the Optune Lua Patient Information and Operation Manual (PIOM) at [OptuneLua.com](https://www.OptuneLua.com).



How do I remove the arrays from my body?

Be sure to remove the arrays slowly and carefully to avoid irritating your skin. Follow the steps below:

1



Unplug the array cables from the connector box. If you prefer, step into a warm shower to loosen and remove the arrays. Leave the Optune Lua® device outside the room while you wash.

2



Remove all 4 arrays by gently peeling the medical tape away from your skin and slowly pulling back on the edge of the array. **Take your time while removing the arrays, as this can help prevent skin damage.**

3



You can help loosen the edge of your arrays to make them easier to remove by using a medical adhesive remover, a water-based makeup remover, baby oil, or warm water.

4



Carefully check your skin for any signs of irritation or infection. Ask your care partner to check areas that may be hard to see, such as your back or sides. Any signs of skin irritation should be reported to your doctor as soon as possible.

Being proactive about skin irritation

Contact your doctor if you experience swelling, redness, excessive itching, or other skin-related symptoms. Your doctor may prescribe prescription medication applied to the skin to treat skin irritation.

You can help reduce your risk of developing skin irritation by changing your arrays at least 2 times per week (every 4 days at most).

Selected Important Safety Information

What are the possible side effects of Optune Lua?

The most common side effects of Optune Lua when used together with certain immunotherapy and chemotherapy drugs were dermatitis, pain in the muscles, bones, or joints, fatigue,...

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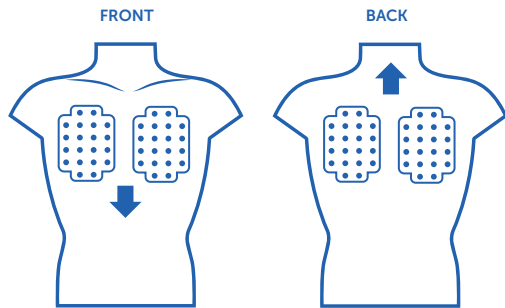


How do I shift arrays?

There are a few ways to shift arrays, depending on your chosen layout. Follow the instructions on the next few pages and remember to repeat them each time you replace your arrays.

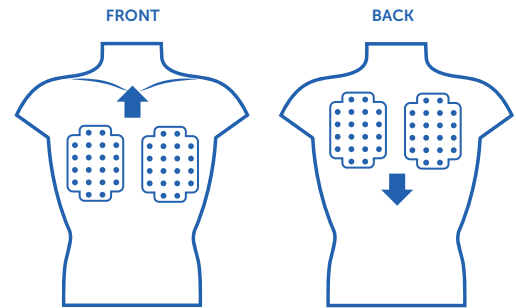
Cross layout (front & back only) - Option 1

First position



Shift front arrays down and back arrays up from the original placement shown on your array layout map.

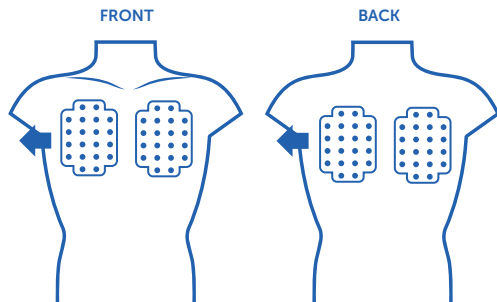
Second position



Shift front arrays up and back arrays down to the original placement shown on your array layout map.

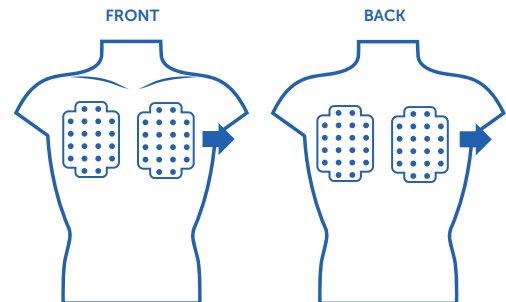
Cross layout (front & back only) - Option 2

First position



Shift both arrays sideways, toward the armpit, from the original placement shown on your array layout map.

Second position



Shift both arrays sideways, toward the armpit, back to the original placement shown on your array layout map.

TIP: Each array shift does not have to be exact. As long as the arrays are moved about 0.75 inch from the original placement, it will help prevent any skin irritation from occurring.

Arrays shown in the diagrams may differ in size from your specific arrays.

Selected Important Safety Information

What are the possible side effects of Optune Lua®? (continued)

...anemia, alopecia (hair loss), dyspnea, nausea, cough, diarrhea, anorexia, pruritus (itching), leukopenia, pneumonia, respiratory tract infection, localized edema (swelling), rash, pain, constipation, skin ulcers,...

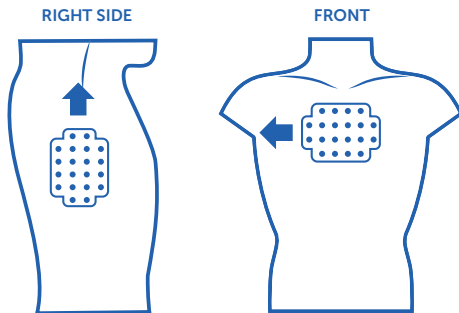
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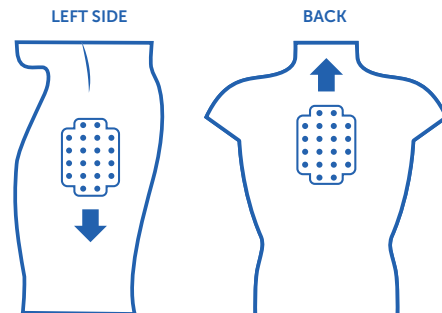
How do I shift arrays? (continued)

Front, back, & sides layout

First position

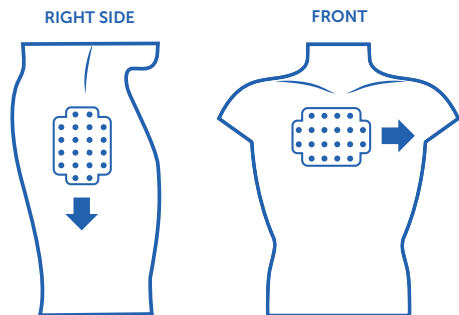


Shift side array up or down and shift front array to the left or right (depending on physiology/chemo port) from the original placement shown on your array layout map.

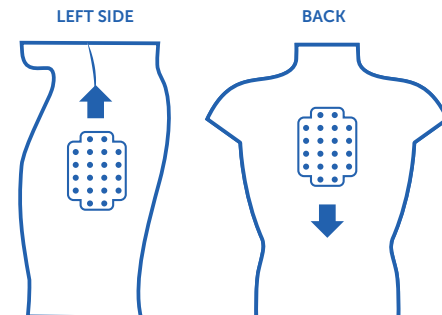


Shift side array up or down and shift back array up from the original placement shown on your array layout map.

Second position



Shift side array up or down and shift front array to the left or right (depending on physiology/chemo port) back to the original placement shown on your array layout map.



Shift side array up or down and shift back array down to the original placement shown on your array layout map.

Note: Side arrays can be shifted in either direction (if left side shifts up then right side would shift down).

TIP: If you experience any discomfort with the breast, shifting the front array(s) sideways may be a better option than shifting the arrays downward.

Arrays shown in the diagrams may differ in size from your specific arrays.

Selected Important Safety Information

What are the possible side effects of Optune Lua®? (continued)

...hypokalemia (low potassium levels), hypoalbuminemia (low albumin levels), hyponatremia (low sodium levels), and dysphagia (difficulty swallowing).

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Tips and best practices

- 1** When placing the arrays, place the front ones first, and remember to avoid placing discs over the nipple, collarbone, and ports. (If a port will be used to administer medicine before an array change, no part of the array should cover the port.)
- 2** The skin surrounding the nipple is delicate, and it is important not to place the disc over it. To help protect the skin, place gauze over the nipple to prevent contact with the adhesive and wires. Remember to avoid placing gauze under the ceramic disc.
- 3** When placing the back arrays, consider the “body contour.” Avoid placing the edge of the arrays in a skin fold or crease, as it can cause skin issues.
- 4** For those wearing a bra, be sure to use one without wires, as they can interfere with Tumor Treating Fields (TTFields). The wiring in a bra may also set off a temperature alarm on the device.
- 5** You should shift the arrays each time you change them to change up the contact site and reduce the risk of skin irritation.

Questions about how to shift arrays?

Be sure to reach out to a Device Support Specialist or your doctor.

Selected Important Safety Information

What are the possible side effects of Optune Lua®? (continued)

Other potential adverse effects associated with the use of Optune Lua include treatment related skin irritation, allergic reaction to the adhesive or to the gel, overheating of the array leading to pain and/or local skin burns, infections at site where the arrays make contact with the skin, local warmth and tingling sensation beneath the arrays, medical device site reaction, muscle twitching, and skin breakdown/skin ulcer. Talk to your doctor if you have any of these side effects or questions.

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Please see [Patient Information and Operation Manual \(PIOM\)](#) for Optune Lua at OptuneLua.com.

MyNovocure®

Support created with you in mind

MyNovocure is a personalized patient support program that is here for you all day, every day to help you feel more confident throughout treatment.

MyNovocure can help with:



Insurance support



Resources for
traveling with
Optune Lua



Optune Lua® training
(as needed)



Troubleshooting
technical issues



Tips for integrating
Optune Lua into
your daily life



Reordering supplies
(such as arrays and
extra batteries)

Get 24/7 personalized support



Call MyNovocure at
[1-855-281-9301](tel:1-855-281-9301)



Email MyNovocure at
support@mynovocure.com

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