

Doctor Discussion Guide

Talking to your doctor about glioblastoma (GBM) treatment.

When learning more about treatment for GBM, there can be a lot of information to remember. Starting a conversation with your doctor and asking the right questions can make all the difference. Use this discussion guide to ask your doctor about Optune Gio and how it could be added to your treatment plan.



What is Optune Gio?

Optune Gio is a wearable, portable, FDA-approved treatment for GBM. Optune Gio is a device that uses Tumor Treating Fields (TTFields) to disrupt cancer cell division. It is not a medicine, so it does not enter your bloodstream. The most common device-related side effect was skin irritation.

Both you and your caregiver will receive training to show you how to make Optune Gio work for you.

What are TTFields?

TTFields are electric fields that disrupt cancer cell division. Using 4 adhesive patches called transducer arrays, TTFields therapy is delivered right into the area of your body where the cancer is located. TTFields may destroy some cancer cells completely and have not been shown to affect healthy cells.

Designed for everyday life.

Optune Gio is small and light, weighing just 2.7 pounds. This makes Optune Gio wearable and portable, so continuous treatment with Optune Gio can be received almost anywhere.

Please see Important Safety Information throughout, and the Optune Gio Instructions For Use (IFU) at [OptuneGio.com/Safety](https://www.optunegio.com/safety).

Use this section to write down any notes prior to or during your doctor's visit.



Getting to know your treatment options.

How could Optune Gio fit into my current treatment plan?

What benefits can I expect if I use Optune Gio?

What are the most common side effects of Optune Gio?

How long do I need to be on treatment with Optune Gio?

When is the right time to start treatment with Optune Gio?

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Talk with someone who's been there.
More than 25,000 people have started Optune Gio.

If you have questions about fitting Optune Gio into your routine, asking a Buddy is a great option.

While your doctor can tell you about treatment with Optune Gio, it's also important to learn about firsthand experience from someone who has used the device to treat their GBM. Use the phone number below or register through the website to speak with a patient or caregiver who can give you insight about what it's like to wear Optune Gio.

Connect with an Optune Gio Buddy: OptuneGioBuddy.com | 1-844-247-1636

MyNovocure™: created with you in mind

Everyone's treatment journey is unique. To help you get the most from your Novocure treatment experience, MyNovocure is an award-winning support program that's personalized to you and your needs.

With one-on-one product support from your MyNovocure team, you have 24/7 help from the day you're prescribed treatment. Whether you want to reorder supplies, need help with your device, or are looking for information about treatment, MyNovocure is by your side, every step of the way.

Get 24/7 personalized support



Call MyNovocure at
1-855-281-9301



Email MyNovocure at
support@mynovocure.com



Support is available in
over 240 languages.

Once your healthcare provider prescribes Optune Gio, a member of the MyNovocure team will give you a call to welcome you to starting treatment. They'll provide an overview of the MyNovocure support program and will go over next steps for receiving your device. You will then be connected with a member of the MyNovocure team who will help schedule the delivery of your device and provide additional education.

You can always reach MyNovocure for additional follow-ups or support whenever you need it.

For more information, please visit OptuneGio.com/Support.

Important Safety Information



What is Optune Gio™ approved to treat?

Optune Gio is a wearable, portable, FDA-approved device indicated to treat a type of brain cancer called glioblastoma multiforme (GBM) in adult patients 22 years of age or older.

Newly diagnosed GBM

If you have newly diagnosed GBM, Optune Gio is used together with a chemotherapy called temozolomide (TMZ) if:

- Your cancer is confirmed by your healthcare professional **AND**
- You have had surgery to remove as much of the tumor as possible

Recurrent GBM

If your tumor has come back, Optune Gio can be used alone as an alternative to standard medical therapy if:

- You have tried surgery and radiation and they did not work or are no longer working **AND**
- You have tried chemotherapy and your GBM has been confirmed by your healthcare professional

Who should not use Optune Gio?

Optune Gio is not for everyone. Talk to your doctor if you have:

- **An implanted medical device (programmable shunt), skull defect (missing bone with no replacement), or bullet fragment.** Optune Gio has not been tested in people with implanted electronic devices, which may cause the devices not to work properly, and Optune Gio has not been tested in people with skull defects or bullet fragments, which may cause Optune Gio not to work properly
- **A known sensitivity to conductive hydrogels** (the gel on the arrays placed on the scalp like the ones used on EKGs). When Optune Gio comes into contact with the skin, it may cause more redness and itching or may rarely cause a life-threatening allergic reaction

Do not use Optune Gio if you are pregnant or are planning to become pregnant. It is not known if Optune Gio is safe or effective during pregnancy.

What should I know before using Optune Gio?

Optune Gio should only be used after receiving training from qualified personnel, such as your doctor, a nurse, or other medical staff who have completed a training course given by Novocure®, the maker of Optune Gio.

- Do not use any parts that did not come with the Optune Gio Treatment Kit sent to you by Novocure or given to you by your doctor
- Do not get the device or arrays wet
- If you have an underlying serious skin condition on the scalp, discuss with your doctor whether this may prevent or temporarily interfere with Optune Gio treatment

What are the possible side effects of Optune Gio?

The most common side effects of Optune Gio when used together with chemotherapy (temozolomide, or TMZ) were low blood platelet count, nausea, constipation, vomiting, tiredness, scalp irritation from the device, headache, seizure, and depression.

The most common side effects when using Optune Gio alone were scalp irritation (redness and itchiness) and headache. Other side effects were malaise, muscle twitching, fall, and skin ulcers.

Talk to your doctor if you have any of these side effects or questions.

Please visit [OptuneGio.com/Safety](https://www.optunegio.com/safety) for the Optune Gio Instructions For Use (IFU) for complete information regarding the device's indications, contraindications, warnings, and precautions.

